

Issue 2 - Winter 2011

Reach



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We spread a little magic this Christmas on page 10

Reach

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The charity gave a grant of £225,000 towards creating an exemplar surgical unit for patients treated in the Bristol Royal Infirmary.

Welcome

We are the local charity that raises funds for all Bristol's nine central hospitals.

We fundraise to improve the hospital environment, fund innovative research, support and train hospital staff and provide state of the art equipment.

Working with inspirational local people, we aim to make a difference to every patient and every condition.

We hope you enjoy our newsletter. Please do let us know your thoughts and what you would like to see in future editions.

The Editor

Cover photo: The Baking Queens from the BHOC Clinical Trials Unit who took part in The Bristol Bake Off.



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For the first time in the history of the Bristol Eye Hospital we have a dedicated facility in which we can care for children and their families.

We are enormously grateful to Above & Beyond for their support in funding this unit and making such a difference to so many people.

Amanda Churchill, Paediatric Consultant
Ophthalmologist

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News

Looking Out for Bristol

People of all ages use the Bristol Eye Hospital as eye disease can affect us all. Thanks to the generosity of those making a gift in their Will, Above & Beyond was able to fund a major refurbishment of the hospital. We contributed £500,000 towards new developments including a 'teen zone' for older children, a Retinal Treatment and Research Unit and glass artworks inspired by pioneering research carried out at the hospital.

We also made it possible to create a dedicated Children's Unit which includes a waiting area with toys and soft play and is now used by some 200 children a week. At a recent Public Open Day some 330 members of the public saw the difference. The day was generously sponsored by Specsavers stores across Bristol. One of those attending, retired nurse, Jane Tunmore said:

"It's a fantastic place now – I didn't recognise anything except the front door! It was wonderful to have the opportunity to come back to the Eye Hospital again".



Cause for Celebration

At Above & Beyond's recent Annual Celebration, Charity Chairman, Graham Nix, Lord Lieutenant of Bristol Mary Prior MBE, former cardiac patient Cedric Nash and Director of Clinical Research at Bristol Eye Hospital, Professor Andrew Dick thanked the charity's supporters for their contributions in the past year. This has seen the charity provide some £2.5m for improvements to hospital surroundings at the BRI, BEH, and Bristol Haematology & Oncology Centre. Graham Nix explained that the charity has 'no intention of stopping here' as he announced future plans including the new sensory patient garden for South Bristol Community Hospital.



The Bristol Haematology & Oncology Centre.



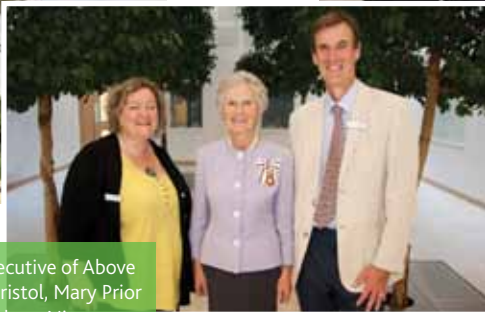
“ *Everyone is aware of the transformation Above & Beyond achieve in our hospital environments. It means a huge amount to patients and their families.* ”

Mary Prior MBE, Lord Lieutenant of Bristol.

If you would like to find out more visit www.aboveandbeyond.org.uk/tributefunds or contact our fundraising team on 0117 927 7120.



Artist impression of the South Bristol Community Hospital.



Sarah Talbot-Williams Chief Executive of Above & Beyond, Lord Lieutenant of Bristol, Mary Prior MBE and Charity Chairman, Graham Nix.



The award winning atrium at the BHI

Remember. Celebrate. Make a Difference.

The Above & Beyond Tribute Fund has been introduced to help people remember and celebrate someone special. It is a place where friends and family can come together and do something positive in their loved ones memory. Special days such as birthdays or anniversaries can be marked by holding a fundraising event or making a donation in their name.

Tribute Funds are a unique and personal way of helping us to make a difference to the thousands of people treated in our hospitals each year.

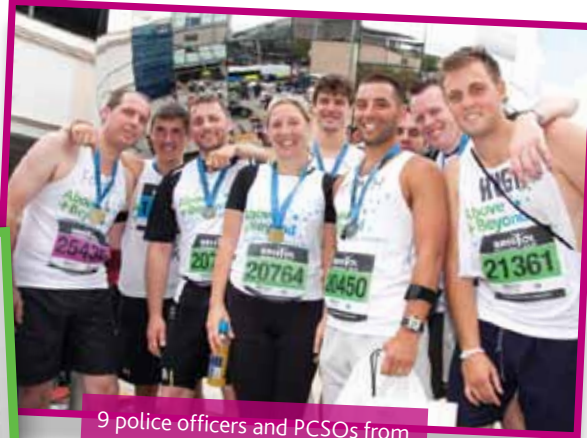


That's Above & Beyond



It's in the Bag organised a fundraising ball to raise money for and awareness of testicular cancer. Specialist Nurse, Sue Brand with cricketer, Steve Kirby and rugby star, Dave Attwood.

Lucy Stringer and friends organised a fundraising ball and raised over £4,000 for Bristol's Cancer Hospital.



9 police officers and PCSOs from Kingswood ran the Bristol Half Marathon for Above & Beyond.



Specsavers stores across Bristol took part in activities to raise money for Bristol's Eye Hospital.



Skydiving grandmothers and retired nurses, Liz Corrigan, Pam Yabsley and Anne Ford raised over £4,100 for St Michaels Hospital and Bristol's Cancer Hospital, the BHOC.

Here's how you've been going Above & Beyond for patient care in Bristol.

Scott Palmer from Laing O'Rourke cycled from London to Paris and raised over £4,700 for Above & Beyond.



A team from MoD Abbey Wood Bristol cycled 155 miles to raise money for Bristol's Cancer Hospital.



Daz Sims organized the Rock 4 Charity event at Colston Hall to raise funds for the Children's Hospital.



John Fry and Stockwood Golf Club held fundraising golf tournaments and raised £1,500 for St Michaels Hospital.



Snapdragons nursery organized a Lion Parade to raise money for Bristol Children's Hospital in memory of little Leo 'the lion' O'Connor.



12yr old, Matthew Jennings and pals Alex Woodley and Joe McGonigle played computer games all night and raised over £200 for the Children's Hospital.

With thanks to Christopher Cronin, Sarah Cameron, and our lovely supporters for kindly allowing us to use their photographs.

Working in Partnership

RBS Get Green Fingers

22 fantastic volunteers from Royal Bank of Scotland (RBS) took on the challenge of transforming two garden areas at St Michael's Hospital in one day.

Both the external garden space Ward 78 looks onto and the garden for the Gynaecology Outpatients Department were cleared, freshened up and given new plants in a busy day for the volunteers. RBS provided a budget of £350 for plants and Cornish Garden Services kindly donated bulbs and compost.

RBS Relationship Manager Vicky Cox said:

"It was a wonderful day. I am so pleased we could make such a big difference to the gardens for the patients and nurses to enjoy all year round."



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Gynaecology Outpatients Sister Susan Coghlan said:

This project will impact hugely on patients and their relatives coming to our area. Having somewhere to walk about and get some fresh air when times are difficult is such a rarity these days when space is such a premium, and we are now proud to tell patients and visitors to spend time in our gardens.

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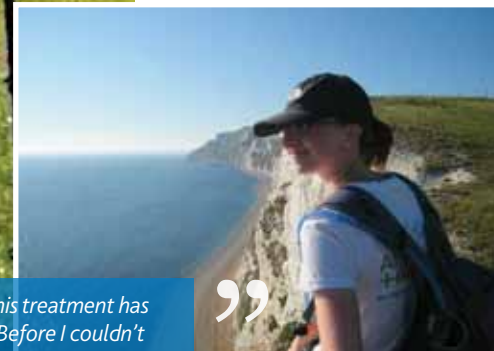
There are many ways that companies can support Bristol's Hospitals. If you would like to know more please contact Lorna Clarke on **0117 3700 842** or email: lorna.clarke@aboveandbeyond.org.uk



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The difference that this treatment has made to me is huge. Before I couldn't run, I could barely walk; I was in and out of a wheelchair and on crutches. It's quite incredible how much my treatment at the BRI has changed my life.

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Fundraising Heroes

Shelley's Miracle 630 Mile Walk

Shelley Cunningham was diagnosed with Valgus Deformity of the lower limbs when she was a teenager and believed she would have to use crutches for the rest of her life. Now, after pioneering surgery performed by consultant surgeon Mark Jackson and the Limb Reconstruction Unit at the Bristol Royal Infirmary, her life has been transformed.

To say thank you to the staff who treated her she undertook an epic 630 mile walk along the South West coastal path to raise money for a CPM Machine for the Orthopaedic Department. The machine is key to patient recovery and aftercare. Shelley's walk has raised over £4,500 for the Department.

Sponsored walks are a great way to raise money. Request a copy of our Fundraising Toolkit for more ideas.

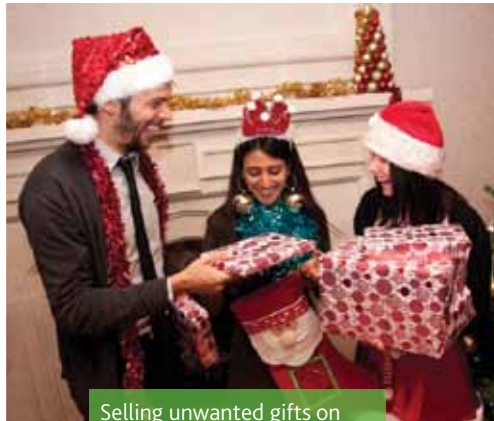
★ Get Involved

Spreading a Little Magic this Christmas

Not everyone is lucky enough to spend Christmas at home. Some find themselves unexpectedly in hospital or many long term elderly patients may have no family to go home to. Our amazing hospital staff also continue to work over the Christmas period caring for patients and their families.

Here at Above & Beyond we want everyone to feel the magic of Christmas.

We support a hospital staff Christmas breakfast, ensure there are Christmas trees in our hospitals and provide a gift for each patient in hospital on Christmas Day.



Selling unwanted gifts on eBay is a great way to raise money for our hospitals.

The **Above & Beyond Christmas Appeal** helps us to make Christmas special for everyone. You can help us spread the magic by taking part in some festive fundraising or alternatively you can make a donation. Just £5 buys a present for a patient in hospital. Visit www.justgiving.com/aboveandbeyondchristmasappeal or you can text **SNOW09** (amount you wish to donate) to **70070**.



Join us for Christmas Carols on Wed 21st Dec at St James Priory 1pm. Everyone welcome.

Volunteers Make all the Difference

We need volunteers to help us with a range of activities including office admin and collection tins in the community. If you would like to meet new people, expand your CV, and be part of a team working hard to make a difference, contact the fundraising team on **0117 927 7120**.

Do Something Amazing in 2012

2012 is Olympic Year so why not make it your year to go for gold. We have some incredible challenges here in the UK and abroad, including a Kilimanjaro Summit climb, the London to Paris Bike Ride, a trek through Iceland and skydives galore. And don't forget you can run the Bristol 10k or Bristol Half Marathon for us.

So whether you run, jump, walk or cycle make it count in 2012.

Visit our website to find out more
www.aboveandbeyond.org.uk

Challenge of the Fittest

Join us at the ever popular Goldbrick House to find out about a range of challenges on offer in 2012 and hear from Dr Jim Blackburn talking about his life changing challenge climbing Kilimanjaro as expedition medic.

Thursday 19th January, 7pm-9pm, Goldbrick House, Park Street, Clifton.



Going the extra mile for patient care



Ryan Baylis a student in Plymouth, and software tester Alan Wilmot in Bristol are in training to run the London Marathon for Above & Beyond. Both have strong personal reasons for taking part in the iconic race.

Ryan's Dad Andy was treated at the Bone Marrow Transplant Unit and is now making a good recovery. Ryan wants to fundraise as a way of thanking staff for the care his Dad received. Alan is fundraising in memory of his late partner Ian Morris who was treated at Bristol's Dental Hospital.

If you would like to go the extra mile for patient care in 2012 please contact Clair Cusack on **0117 927 7120** or email: clair.cusack@aboveandbeyond.org.uk

Above +Beyond

For Patients. For Health. For Bristol

Our fantastic new Fundraising Toolkit is packed full of ideas, help and advice for anyone thinking of fundraising for Above & Beyond.

Contact the fundraising team for your copy.
Email fundraising@aboveandbeyond.org.uk or telephone 0117 9277120.

